

678 Front Ave NW, Suite 205 Grand Rapids, MI 49504

SeniorNeighbors.org









Health and Wellness + Home Maintenance
Senior Centers + Meals + Support Services
Transportation + Volunteerism



2021 Impact Report

The Power of Togetherness

Research has increasingly demonstrated the detrimental effects isolation can have on peoples' health. This has been especially true for seniors during the past two years of on-and-off isolation or shutdowns. Prior to March 2020, our centers were thriving places with many daily activities. Most of the people who attended were single—widowed or divorced—and attempting to rebuild a social network. Seniors who had participated said they felt intensely grateful for the activities we provided. Then, our community faced months of loneliness and unrest, but 2021 brought a year of hope and time to rebuild friendships and social circles.

As seniors started branching out, many considered Senior Neighbors Centers a lifeline of contact with others. The year of 2021 has truly renewed our understanding of the importance of having a place to interact and be active.





YOUR SUPPORT HELPS BRING SENIORS TOGETHER

Senior Neighbors provides several outlets for seniors to gather and experience **community** and **camaraderie**:



86% reported an **improved quality of life** due to opportunities provided by Senior Neighbors.



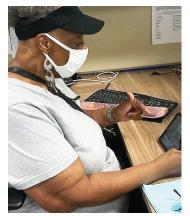


92% of seniors served feel less isolated.



90% OF SENIORS REPORTED IMPROVED HEALTH AFTER HAVING REGULAR CONTACT WITH OTHERS.







Fiscal Year 2021: October 1, 2020-September 30, 2021

PROVIDING SENIORS WITH LIFE-CHANGING SERVICES

65% of clients received more than one service, including:

Health and Wellness + Home Maintenance + Senior Centers Meals + Support Services + Transportation + Volunteerism



50 seniors were able to continue living independently by having the means to pay a utility, tax, or housing bill.

100% increased ability to access medical services and tech though transportation.





96% reported their volunteer stipend increased their ability to pay bills and/or purchase prescriptions.



Seniors Serving Seniors

Senior Neighbors offers several volunteer programs to local seniors. This allows seniors to use their strengths to serve others, often leading to a deeper sense of purpose and a positive personal perspective.

The year of 2021 was full of meaningful conversations. These wellness checks from senior to senior brought on new friendships and a sense of connectivity from the safety of home.

Health and Wellness Assistance

Senior Neighbors offers daily meals and over 30 unique fitness classes each week! These services ensure local seniors are staying healthy and have the opportunity to better their strength and mobility.



99% indicated they feel the program virtual or in-person has helped their mind as well as their body be healthier.

23,876 MEALS SERVED



97% said participating in classes-virtual or inperson—provided meaningful socialization opportunities that help them feel good.

82% said getting meals during the COVID shutdown helped them meet basic food needs.



Safe + Secure Online Giving

Make a Tax-Deductible Donation Today!

To join us in supporting area seniors, scan this code with your phone or visit SeniorNeighbors.org/ImpactGift Senior Neighbors Inc is funded in part by:







Serving a Diverse Senior Population

4,668 SERVED



44% of clients
have a disabilit

65% female		35% male
	<i>,</i>	

265	VETERANS
505	VETERANS SERVED

CLIENT A	GE
60 to 69	48%
70 to 79	32%
80 to 89	15%

OF	SE	ENIOR	NEIGH	HBORS	C	LIENTS
E (N	LESS	THAN	\$2,100	Α	MONTH

CLIENT RACE

According to the census, 91% of Kent County seniors identify as white. Our clients identify as:

White 60	o'
African American 3	19
Asian	29
Native American	19
Hispanic	5°







YOUR DOLLARS AT WORK

HOW FUNDS ARE RECEIVED				HOW FUNDS ARE A		
Government Support	78%	In-Kind Partnerships	5%	Program Revenue	1%	Programs
Donations	13%	Fundraising Events	2%	United Way	1%	Administration

ALLOCATED 90% 10%



Revenue: \$4,600,680 **Expenses:** \$4,048,018

To view more financial information, please visit SeniorNeighbors.org/finance











Fiscal Year 2021 Leadership

President

Robert Barnes

Board of Directors

Philip Alt - Treasurer

Melinda Olivarez - Chairperson

Misti L. Stanton - Vice Chairperson

Catherine Jacobs - Secretary

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Roxanne Dudicz

Elizabeth Eardley

Linsey Gleason

Joseph Haviland

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Charlie Pace

Leo Peters

Shanna Reynolds

Terry Rostic

Juan Salazar

Lori Smith

Katherine Steffy

Douglas P. Vance, M.A.

Barry Van Dyck

Myrna Zielinski

Fiscal Year 2021 Financial

Net Assets: \$2,370,292.00 Liabilities: \$232,174.00

To view more financial information, please visit:

seniorneighbors.org/finance